

CAST-L3 Candidate Initial Learning Statement

Candidate's name:

Date:

What do I want from the course?

What skills do I hope to develop?

What do I want/need from the tutor/s?

What do I want/need from other members of the course?

What is my current understanding of counselling?

What personal qualities do I have which I think will be useful in counselling others?

What might I find difficult about counselling others?

What draws me towards becoming a counsellor?
